

COHORT 2

Virtual Instructor-Led Leadership Programme

LEADING WITH EMOTIONAL INTELLIGENCE



*HRDF Claimable subject to new policy



In Partnership with



MALAYSIAN INSTITUTE OF MANAGEMENT
Institut Pengurusan Malaysia

“Demand for Emotional Intelligence Skills will Rise Six Times on Average in the Next 3 to 5 Years”

Source: Capgemini Research Institute, Emotional Intelligence Research, Executive Survey, August-September 2019

Gain this essential leadership skill for 2020 and beyond without ever having to leave your home.

Commencement Date : **16 July 2020**

Time : **9.30am - 11.00am**

**Award winning digital assessment & debrief pre and post program
Six-90 minutes engaging, virtual, instructor-led learning sessions**



T1 Assessment

Three Months



T2 Assessment



Model
emotionally intelligent leadership



Aware Leader
Demonstrate self-other awareness & empathy



Authentic Leader
Facilitate difficult performance conversations with finesse



Expansive Leader
Decision making, based on emotional and moral reasoning



Resilient Leader
Develop personal resilience and a mentally healthy workplace



Empowering Leader
Inspire performance through persuasion, coaching and influence



To find out more on how you can sign up for this virtual course for yourself or your organisation contact pds@mim.org.my

Programme Learning Modules



16 July 2020

Model Emotionally Intelligent Leadership

- Explore the social neuroscience of emotions
- Determine the link between emotions, decisions making, behaviour and performance
- Review the importance of emotionally intelligent leadership behaviour for your leadership context
- Receive feedback on how well you demonstrate emotionally intelligent leadership behaviour
- Develop a point in time, context specific action plan



28 July 2020

Aware Leader

- Develop self-awareness, a better understanding of yourself, your triggers and default behaviours
- Enhance your understanding of others and how flex your Leadership style to better connect, communicate and influence different personality types
- Learn about the social neuroscience of empathy and how to demonstrate more empathy in your leadership and management of others



13 August 2020

Authentic Leader

- Create a culture of open, robust, healthy debate
- Respond effectively when challenged
- Express your thoughts, feelings and perspectives with confidence and finesse
- Better manage performance related issues through clear, authentic and open dialogue



27 August 2020

Expansive Leader

Explore the science of emotional reasoning and how it trumps IQ in leading transformational change
Develop the skills and behaviours associated with emotional reasoning to improve how you:

- Explain the rationale behind decisions made,
- Involve team members in decisions that affect their work,
- Support team members to navigate through change and transition
- Take the bigger picture into account when decision-making,
- Make more ethical decisions



10 September 2020

Resilient Leader

- Explore the science of stress and resilience
- Understand the responsibilities leaders have to create a mentally healthy workplace environment for others
- Identify different Thinking, Physical, Relationship and Environmental strategies to boost your own resilience and that of your team
- Enhance your capacity to positively influence the way others feel



24 September 2020

Empowering Leader

- Explore the science of human motivation and engagement.
- Apply a model for improving the motivation and engagement of your team
- Provide more constructive feedback on behaviour and performance
- Better facilitate team member development and career advancement discussions

Enjoy an Interactive Learning Experience ONLINE!



Inspirational, relevant content that people can apply



Participant engagement through discussion



Polls & data that provide insights



Activities that build skills, understanding and application

Meet Your Facilitator



Pn. Rahima Ibrahim

Rahima was the Senior Vice President and Head of HR for Siemens Malaysia for 17 years and after retirement 3 years ago she has embarked on Training, Consulting and Coaching and currently she is the Executive Director under her own Company Resolute Ingress Learning Consultancy Sdn. Bhd. She graduated from the University of Portsmouth, UK majoring in Human Resources. In the last two years she has been accredited as Professional Trainer from HRDF, CPT, IPMA, UK, Brain Based Coaching, Emotional Intelligence from Genos International, Australia and just recently certified under John Maxwell Team, US on Leadership programs.



To find out more on how you can sign up for this virtual course for yourself or your organisation contact pds@mim.org.my